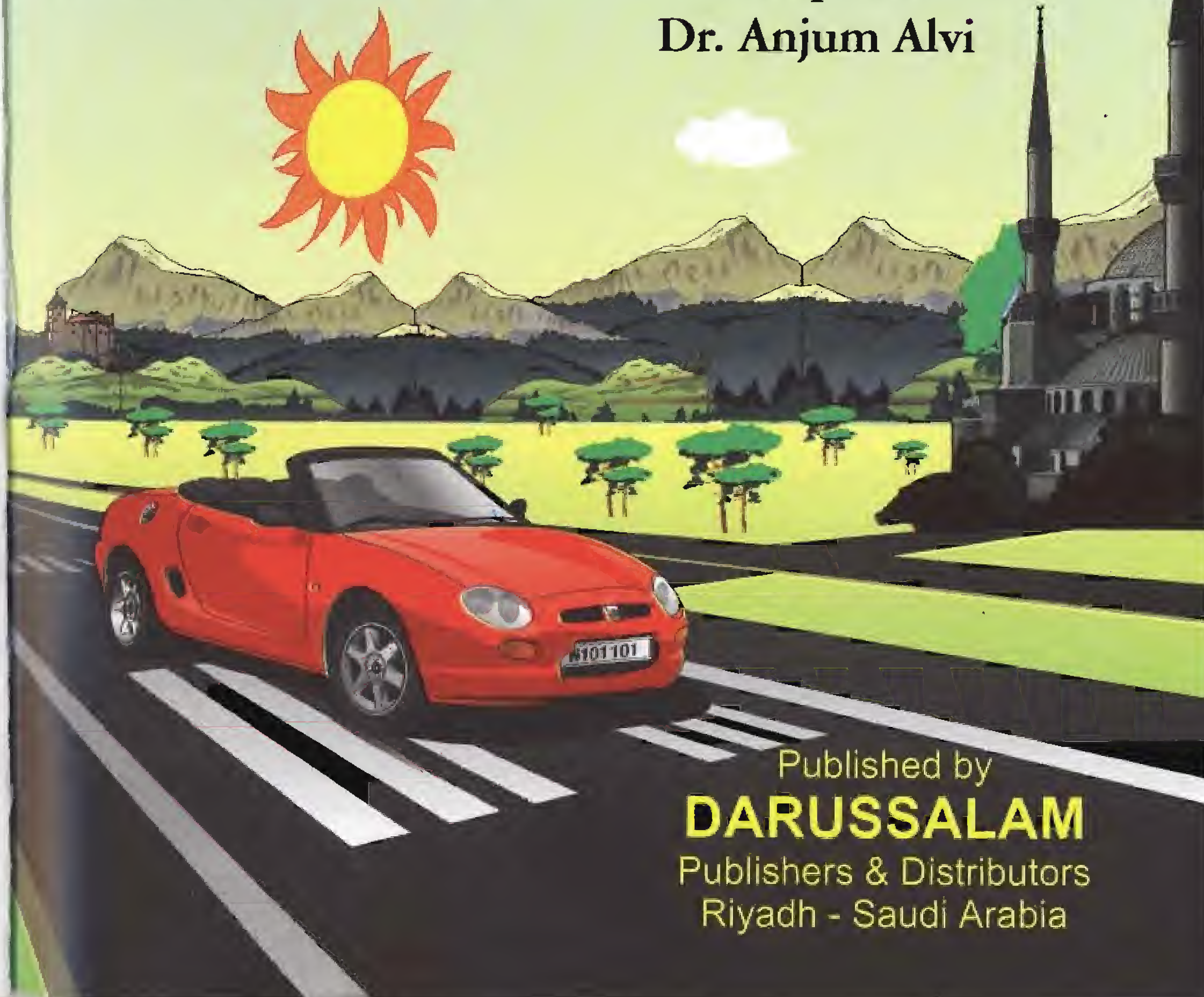


يوم من حياة الطفل المسلم

A DAY IN THE LIFE OF A MUSLIM CHILD

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رَبِّ يَسِّرْ وَلَا تُعَسِّرْ وَتَمِّمْ بِالْخَيْرِ

“O my Lord, make easy for me and do not make hard,
and finish (it) with goodness and excellence.”



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allah,
the Most Gracious,
the Most Merciful



My name is
Ukasha . . .

I am your brother in Islam. My name is Ukasha. I am eight years old. I live with my parents, brothers Abdul Ghaffar, Talha, Abdullah and sister Omama. *Alhamdu lillâh* (Thanks and praises to Allâh) that I was born in a Muslim family.

I have a very close friend whose name is Osama. My parents, brothers, sister and neighbours like me very much and so do I.



I go to bed early in order to get up early for the *Fajr* (dawn) prayer. It is also a *Sunnah* of Prophet Muhammad صلى الله عليه وسلم to sleep early after '*Isha* (night) prayer. My mother wakes me up for *Fajr* prayer. When I wake up I say my morning supplication:

«الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا،
وَإِلَيْهِ النُّشُورُ».

*Alhamdu lillâhilladhi ahyana
ba'da ma amatana wa ilaihinrushûr.*



[Thanks and praises to Allâh who brought us to life after having given us death and to Him we shall have to return].

Then I make my bed tidy. I take my *Siwaak* (a toothbrush made of the root of Araak tree) and go to the bath room. While entering the bathroom, I make sure to put my left foot in first and say the supplication like this:



«اللَّهُمَّ! إِنِّي أَعُوذُ بِكَ مِنَ الْخُبَاثِ وَالْخَبَائِثِ».

Allâhumma inni a'oodhu bika minal khubthi wal khaba'ith.

[O Allah! I seek refuge with You from the bad and evil things].

After urinating, I wash my private parts thoroughly with my left hand because cleanliness is very important in Islam.

After washing my hands with soap and water I come out and put my right foot out first and say the following supplication:

«غُفْرَانِكَ، أَلْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِّي
الْأَذَى وَعَافَانِي».

Ghufrânaka. Alhamdu lillâhilladhi adhhaba anniladha wa'afâni.

[I ask for Your forgiveness. Thanks and praises to Allâh Who removed from me the suffering and gave me relief].

We have got a back house and a courtyard. So I prefer to perform *Wudu* (ablution) in the courtyard. First of all I clean my teeth with *Siwaak* because it is very good for teeth and I think in my mind the benefits of *Siwaak*:

- (1) I am obeying Allâh and His Prophet صلى الله عليه وسلم.
- (2) It keeps the mouth clean as Allâh's Messenger صلى الله عليه وسلم said:

«السَّوَّاءُ مَطْهَرَةٌ لِلْفَمِ، مَرْضَاءٌ لِلرَّبِّ».

[*Miswâk* is an instrument for cleaning the mouth and seeking the pleasure of the *Rabb*(Allâh)].

- (3) It keeps the stomach clean.
- (4) It keeps the voice clear.
- (5) It helps in digestion.
- (6) It makes us active and alert while Offering prayers, and during recitation of Qur'ân and supplication.
- (7) It kills the germs in the mouth.

It was the Prophet's habit to put the *Siwaak* near him while going to bed and on waking up he used to start his *Wudu* with *Siwaak*.

Now I make intention in my heart to attain *Tahaarah* (purity) for offering prayer. Then I pronounce aloud بِسْمِ اللَّهِ *Bismillâh* (In the Name of Allâh).

